



Step Right Falls Prevention

Our Falls Prevention program is designed to provide the support, education, and care necessary to increase the mobility and safety of our patients.

“

Falls are the leading cause of injury for adults 65 and older.”

National Council on Aging

We provide comprehensive risk assessments, followed by education, strength training, and balance retraining to reduce the likelihood

of injury and hospitalizations. The program can be administered in groups or individually.

What to Expect

Personalized Physical Therapy

Comprehensive approach to strengthening muscle groups, improving balance and coordination, and increasing range of movement and flexibility.

Education

Our skilled nurses and therapists provide condition management instructions that focus on injury prevention and stability.

Customized Care Plans

Personalized risk assessments and tailored care plans for every individual.

Highly Trained, Caring Staff

Trained staff connect with individuals to carry out treatment plans and protocols.

