



# Cardiac Recovery Program

Our Cardiac Recovery Program provides the necessary tools and education to support individuals living with a new diagnosis of, or suffering from, chronic cardiac conditions, such as Congestive Heart Failure.

Our licensed and trained staff ensure that patients are able to transition to, or continue living in the comfort of their own homes on their own terms. For every individual we create a customized care plan, working with

their existing physician and specialty providers. We focus on developing quality connections with patients, and providing evidence-based treatments that reduce the risk of preventable hospitalizations.



Congestive Heart Failure is the leading cause of heart disease in people over the age of 65, and causes more than 12 million doctors' visits per year."

American Hospital Association

## What to Expect

### Education

Our skilled nurses and therapists provide disease management instructions that focus on early identification of signs and symptoms.

### Network of Care

With our extensive network of care providers, we are able to provide skilled professionals to ensure quality care at every step of the recovery process.

### Customized Care Plans

Personalized risk assessments and tailored care plans for every individual that account for diagnosis, physical conditions, and environmental and lifestyle factors.

### Remote Patient Monitoring

Vitals monitoring technology allows individuals to take vitals daily and transmit data in real time to monitoring stations and providers.

### Front-Loaded Visits

During the first 10 days we provide additional resources and attention to care during critical transition periods to ensure comfort and confidence.

